



Menu of Services

Spa 
WHITE ELEPHANT
sea beauty.



Welcome to the White Elephant Spa

We invite you to enjoy our harborside spa - where scents of lavender

and lemongrass linger, pineapple pampers, and gifts from the sea soothe.

Where the beauty of the island becomes your own.

Spa Treatment Hours: 9am – 8pm daily

Hours may vary seasonally. Please call the Spa reception desk for confirmation.

Spa Reservations: We recommend scheduling Spa appointments prior to your intended visit so that we may best accommodate your preferred times. A credit card number is required at the time treatments are booked.

Age Requirement: Guests must be a minimum of 16 years of age. Spa services for those 15 and younger are provided at our discretion and a parent or adult guardian must be present. Our couples room is ideal for children's massages.

Cancellation Policy: Spa treatments are reserved specifically for each individual guest. Please notify us 4 hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 50% of the service as well as the 20% service charge.

Service Charge: A 20% service charge is added to your spa treatments. Additional gratuities are at your discretion based on your level of satisfaction.

Quiet Consideration: We request that all cell phones and pagers be turned off in the Spa.



Massage

White Elephant Custom Therapeutic Massages, *Signature Service*

60/90 minutes

This massage is customized to meet the individual needs of each guest. The following blends and techniques are designed to promote therapeutic benefits and address particular areas of well-being.

Relaxation Massage

Hydrating laminaria and intoxicating aromas of lavender and bergamot reduce tension and encourage relaxation.

Anti-Stress Massage

Warming lavender, melissa, and basil are infused with grapeseed oil to relieve toxic buildup and ease sore muscles.

Uplifting Renewal Massage

An invigorating blend of spicy lemongrass and spearmint promotes circulation and uplifts the senses.

Target Muscle Massage (Deep Tissue)

60/90 minutes

This therapeutic technique aids in the release of tension in the deep layers of muscle tissue. Range of motion will improve and muscle pain, associated with stressed muscles due to athletic activities, will be relieved. This effective massage is appropriate for individuals whose body tone and conditioning are tied to performance.

Main Street Massage, *Hot Stone*

90 minutes

Warm basalt rocks induce deep relaxation and encourage the removal of cellular waste from the tissues. The warmth and weight of the stones induce muscle relaxation.

Prenatal Massage

60 minutes

Specially designed for expectant mothers. It will relieve lower back tension and reduce swelling in hands and feet.

Couple's Massage

60/90 minutes

Enjoy the massage of your choice alongside your significant other or companion.



Facials

All of our beneficial skin care therapies begin with a personalized evaluation of your individual needs. A specific facial procedure will be recommended by your esthetician. Each skin care therapy includes: cleansing, exfoliation, vaporization, and light extractions (as needed) as well as face, neck, and shoulder massage.

White Elephant Custom Facial, *Deep Cleansing*

60 minutes

This traditional facial nourishes and replenishes, resulting in healthy looking skin. Enjoy a massage of the face, neck, and shoulders followed by: steam to open the pores, extractions, exfoliation, and a treatment mask with moisturizer targeted specifically to your skin's needs.

Gift From the Sea Facial, *Signature Service*

60 minutes

A purifying treatment customized for all skin types, this facial blends the healing properties of the sea with the rejuvenating properties of pineapple. Session includes a lymphatic massage to stimulate removal of toxins from the tissues, cleansing with sulfate-free products, toning with Moisturizing Marine Mist, and gentle exfoliation to remove dull surface skin cells. This deep cleansing treatment also includes a relaxing face, neck, and shoulder massage using botanical serums as well as skin rehydration with a flower acid exfoliation mask.



Add-On Facial Services

Ceramide Booster

15 minutes

Ideal for sensitive, over-processed skin and rosacea, this gentle yet effective ceramide boosting treatment builds collagen and strengthens connective tissue for firmer skin.

Hand Paraffin Treatment

15 minutes

An exfoliation scrub followed by application of a marine hand cream to thoroughly restore and smooth hands.

Foot Paraffin Treatment

15 minutes

An exfoliating scrub followed by application of a marine foot cream to revive and replenish tired feet.



Body Treatments

Pineapple Crush Body Treatment, *Signature Service*

60 minutes

An invigorating body scrub that combines fine sea salts with pineapple enzymes to exfoliate the skin. Specially created for White Elephant Spa, this blend includes cranberry extracts known for their antioxidant properties and ability to impart a radiant glow to skin. The 60-minute service also includes a relaxing massage.

Maritime Seaweed Body Revitalization

60 minutes

Seaweed has long been known for its rebalancing effects on the body. This anti-aging skin treatment begins with a gentle body brush followed by the application of a specially formulated seaweed gel mask infused with pineapple enzymes along with multi-fruit and salicylic acids to stimulate exfoliation and cellular renewal. To promote a youthful skin glow, the treatment concludes with a relaxing application of a hydrating seaweed extract infused with cranberry extract and our Seaweed Firming Cream.



Enjoy your spa experience

How do I select the right treatment? Our professional staff will assist you in determining which spa treatments will best meet your needs and ensure a relaxing experience.

When should I arrive for my treatments? We recommend you arrive 15 minutes prior to your appointment. This will allow you time to change into your robe and enjoy the Serenity Room.

What should I wear to the Spa and during treatments? You may wear whatever is comfortable; a robe and sandals will be provided for your treatments. Most spa treatments are enjoyed without clothing; however, you may wear whatever you prefer. Our professional staff is trained to drape towels or sheets discreetly to protect your privacy at all times.

What about jewelry? We advise you to remove all jewelry prior to arriving at the Spa.

Should I shave before a treatment? Shaving is recommended for men at least two hours prior to a facial but it is not necessary. Shaving is not recommended prior to any body treatments.

What if I'm late for my appointment? Arriving late will limit the time available for your treatment, which will end at the scheduled time so as not to delay the next guest. The full cost of your treatment will apply.

Should I leave a gratuity? A 20 percent service charge is added to all spa treatments. You may leave additional gratuities for your therapists at your discretion and based on your level of satisfaction.

Prices are subject to change without notice.

The Spa requests that you refrain from consuming alcohol prior to your treatment.

We reserve the right to reschedule your appointment.



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