



## Menu of Services

Spa   
WHITE ELEPHANT  
*sea beauty.*





# Welcome to the White Elephant Spa

*We invite you to enjoy our harborside spa - where scents of lavender*

*and lemongrass linger, pineapple pampers, and gifts from the sea soothe.*

*Where the beauty of the island becomes your own.*

**Spa Treatment Hours:** 9am – 8pm daily

*Hours may vary seasonally. Please call the Spa reception desk for confirmation.*

**Spa Reservations:** We recommend scheduling Spa appointments prior to your intended visit so that we may best accommodate your preferred times. A credit card number is required at the time treatments are booked.

**Age Requirement:** Guests must be a minimum of 16 years of age. Spa services for those 15 and younger are provided at our discretion, and a parent or adult guardian must be present. Our couples room is ideal for children's massages.

**Cancellation Policy:** Spa treatments are reserved specifically for each individual guest. Please notify us 4 hours before your scheduled appointment if you need to cancel or reschedule to avoid being charged 50% of the service as well as the 20% service charge.

**Service Charge:** A 20% service charge is added to your spa treatments. Additional gratuities are at your discretion based on your level of satisfaction.

**Quiet Consideration:** We request that all cell phones and pagers be turned off in the Spa.



## Massage

### *White Elephant Custom Therapeutic Massages, Signature Service*

60/90 minutes

This massage is customized to meet the individual needs of each guest. The following blends and techniques are designed to promote therapeutic benefits and address particular areas of well-being.

#### *Relaxation Massage*

Hydrating laminaria and intoxicating aromas of lavender and bergamot reduce tension and encourage relaxation.

#### *Anti-Stress Massage*

Warming lavender, melissa, and basil are infused with grapeseed oil to relieve toxic buildup and ease sore muscles.

#### *Uplifting Renewal Massage*

An invigorating blend of spicy lemongrass and spearmint promotes circulation and uplifts the senses.

### *Target Muscle Massage (Deep Tissue)*

60/90 minutes

This therapeutic technique aids in the release of tension in the deep layers of muscle tissue. Range of motion will improve and muscle pain, associated with stressed muscles due to athletic activities, will be relieved.

This effective massage is appropriate for individuals whose body tone and conditioning are tied to performance.

### *Main Street Massage, Hot Stone*

90 minutes

Warm basalt rocks induce deep relaxation and encourage the removal of cellular waste from the tissues.

The warmth and weight of the stones induce muscle relaxation.

### *Prenatal Massage*

60 minutes

Specially designed for expectant mothers, this treatment will relieve lower back tension and reduce swelling in hands and feet.

### *Couple's Massage*

60/90 minutes

Enjoy the massage of your choice alongside your significant other or companion.



## Facials

All of our beneficial skin care therapies begin with a personalized evaluation of your individual needs.

A specific facial procedure will be recommended by your esthetician. Each skin care therapy includes cleansing, exfoliation, vaporization, and light extractions (as needed), as well as face, neck, and shoulder massage.

### *Signature Facial, Nature's Firming*

60 minutes

Nourish and rejuvenate skin with a facial mask of purifying and firming sun-dried sea algae. Sea algae opens pores of the skin, traps impurities, and removes them with the peel-off mask. The restorative fruits and plants of the Amazon, such as organic cocoa bean, andiroba and buriti will firm, smooth and renew elasticity of the skin.

## Custom Facial

60 minutes

Nourish and awaken the skin with a customized facial inspired by restorative fruits and plants from our global fair trade farms. Experience the skin benefits of using organic seed oils, which are the source of all new plant life. Our whole plant ingredients will soften, balance, and renew skin's elasticity while stimulating cell renewal.

## Nature's Most Pure Facial

90 minutes

Blue lotus and other healing plants and flowers of Eastern Asia inspired this balancing, clarifying and restorative treatment. Sun-dried Indian rhasoul clay is incorporated for its deep cleansing properties. Our Vedic Marma Cleansing Technique combined with wild crafted Indian blue lotus, bamboo, and ginger provide essential nutrition, replenish amino acids, and purify the skin as it restores balance. The rare blue lotus infuses skin with all-natural vitamins, minerals and amino acids.



## Add-On Facial Services

### Amala Eye-Lifting Treatment

15 minutes

Treat and revive tired or stressed eyes with Amala's mineral rich eye pack. This eye pack will work to restore tone and elasticity and assist in minimizing dark circles, puffiness and fine lines, while regenerating and oxygenating your skin. The delicate eye area will be soothed, remineralized, and rehydrated.

### Hand Paraffin Treatment

15 minutes

An exfoliation scrub followed by application of a marine hand cream to thoroughly restore and smooth hands.

### Foot Paraffin Treatment

15 minutes

An exfoliating scrub followed by application of a marine foot cream to revive and replenish tired feet.



## Body Treatments

### Signature Detoxifying Body Massage and Algae Wrap

90 minutes

Unrefined, sun-dried green clay blended with French spirulina define this experience that will regenerate, oxygenate, clarify, balance and deeply stimulate your skin. Sun-damaged skin will be restored, rehydrated and protected by Amala's organic myrtle, cypress, hyssop, juniper, rosemary and other Mediterranean plants and flowers for firmer and smoother skin.

### Detoxifying Salt Polish

60 minutes

Myrtle has a reputation for deep cleansing and a rich mythological history in the Mediterranean. Our organic myrtle and other Mediterranean plants such as organic cypress, hyssop and juniper will refresh, smooth and refine the skin, leaving your skin silky, smooth and rejuvenated.



## Enjoy your spa experience

**How do I select the right treatment?** Our professional staff will assist you in determining which spa treatments will best meet your needs and ensure a relaxing experience.

**When should I arrive for my treatments?** We recommend that you arrive 15 minutes prior to your appointment. This will allow you time to change into your robe and enjoy the Serenity Room.

**What should I wear to the Spa and during treatments?** You may wear whatever is comfortable. A robe and sandals will be provided for your treatments. Most spa treatments are enjoyed without clothing; however, you may wear whatever you prefer. Our professional staff is trained to drape towels or sheets discreetly to protect your privacy at all times.

**What about jewelry?** We advise you to remove all jewelry prior to arriving at the Spa.

**Should I shave before a treatment?** Shaving is recommended for men at least two hours prior to a facial, but it is not necessary. Shaving is not recommended prior to any body treatments.

**What if I'm late for my appointment?** Arriving late will limit the time available for your treatment, which will end at the scheduled time so as not to delay the next guest. The full cost of your treatment will apply.

**Should I leave a gratuity?** A 20 percent service charge is added to all spa treatments. You may leave additional gratuities for your therapists at your discretion and based on your level of satisfaction.

*Prices are subject to change without notice.*



*sea beauty.*

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